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uvex hand protection size advisor

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The most important measurements for finding the right size of work gloves are **hand length** and **hand circumference**.

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Please note:

Every hand is different, therefore these measurements can only act as a rough guide to help you find the right size for your safety gloves.

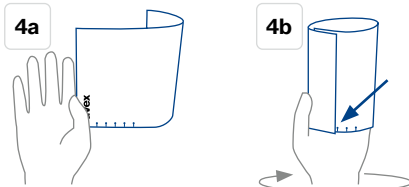
Our hand protection experts will be happy to advise you.

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Instructions for measurement:

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- 1** Print this template on a DIN A4 (100% zoom) piece of paper.*
- 2** Place your right hand on the template with your fingers extended so that your wrist and index finger rest on the thick coloured bars.
- 3** Read off your **hand length** size from the scale and cross off the corresponding number in the table.
- 4** To determine your **hand circumference** using this guide, hold the uvex logo between the thumb and index finger of your right hand, while keeping your index finger extended (4a). Loosely wrap the piece of paper around your palm (4b). In the table, cross off the number that is closest to where the paper overlaps itself.



Hand length

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Hand circumference

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We are happy to advise you:

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* Please note that, if the template is not printed at 100% zoom, this may result in incorrect measurements.

protecting people

uvex-safety.com