

# uvex

## uvex goggles

### How to fit a goggle



#### Fitting and Wearing Goggles



**Step 1**  
Place the goggle on the face with one hand



**Step 2**  
Whilst holding it in place bring the head band over and to the back of the head with the other hand (Not on the helmet)



**Step 3**  
Adjust head band to head size



**Step 4**  
Check the seal  
• If wearing prescription glasses check that the side arms do not break the seal  
• Check for gaps by running your index fingers around the seal (particularly around the nose area)

#### Wearing with a Respirator



**Step 1**  
Place the goggles on first, followed by the respirator



**Step 2**  
Make sure that the goggle sits comfortably on the respirator (nose)



**Step 3**  
Ensure you have achieved a positive seal

#### Removing Goggles



**Step 1**  
Lean slightly forward facing down and pull head band over the top of the head



**Step 2**  
Pull goggle down from the face (take care, this is when most injuries occur)

CALL: (02) 9891 1700 for more information on uvex safety eyewear



protecting people

[www.uvex-safety.com.au](http://www.uvex-safety.com.au)